



**Alcohol and Other Drugs Service**

*Ngā Tekau o Te Upoko o Te Ika*



**“Ko au te taupā kihai i puawai  
āku moemoeā.”**

**“I am the obstacle to the  
fruition of my dreams.”**

The Ngā Tekau Alcohol and Other Drugs Service has been operating on behalf of the Ahu Whenua Trusts for over twenty years. Our kaupapa Māori service is based at Hikoikoi in Petone, Lower Hutt. We recognise the responsibilities as mana whenua to manaaki Māori within the rohe affected by alcohol and drug misuse.

Ngā Tekau Alcohol and Other Drugs Service aims to provide a holistic and integrated service incorporating Māori perspectives. The purpose of the service is to improve health, prevent harm and reduce health risks relating to alcohol and drug misuse.

**24D Marine Parade Hikoikoi, Petone 5012**

**Monday - Friday 8:00am - 4:00pm**

**For free and confidential information please contact**

**Phone:** 04 473 2502

**Email:** [info@tekau.maori.nz](mailto:info@tekau.maori.nz)



**Te Hauora Māori**  
Iwi Māori Health



**Te Taha Tinana**  
Physical Health



**Te Taha Hinengaro**  
Mental Health



**Te Taha Whānau**  
Family Health



**Te Taha Wairua**  
Spiritual Health

## SERVICES OFFERED INCLUDE:

### Alcohol and drug counselling

We provide assessment and counselling for people with alcohol and/or drug problems and for family members and friends affected by someone's alcohol and drug misuse.

### Liaison with other health professionals

Liaison with other health professionals on detoxification and methadone programmes and other specialised services.

### Health information

Health information and education in the community.

### General information

General information about alcohol, drugs and local support groups.

### Group education programme

The aim of the programme is to assist in improving attitudes and behaviours around alcohol and other drugs.

### Referrals

Referrals to inpatient services and follow ups after discharge.

### Waka Kotahi NZ Transport Agency assessments

NZTA assessments for renewing drivers' licenses lost due to alcohol abuse/misuse.

### Rangatahi counselling and education

Effective help provided to rangatahi experiencing issues surrounding alcohol and drug misuse.

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