



# NEWSLETTER



Kia hiwa rā Kia hiwa rā

Mai te maunga a Matairangi, haere ki Rimurapa, tae atu rā ki Pipinui, whiti atu mai ki Remutaka ana ko te wāhi e kī a mai a Haunui "Ka raparapa te kanohi, ko Wairarapa", Hīkoi anō rā i runga i ngā tihi o ngā maunga, ka tau ki Te Mukamuka arā ko Tūrakirae hoki. Titiro ki te Whanganui a Tara me ōna kaitiaki arā ko Ngake rāua ko Whātaimai me tau mai anō ki te maunga i tīmata ai koe i reira ka Tangi te Keo.

Tēnā koutou e te whanaungatanga whānui e titiro mai nei.

E tini me te mano haere, haere, haere oti atu.

Anei te pānui whakamārama te mahi kōkiri o ngā tūruhi.

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## Annual General Meetings

Nau Mai Haere Mai, the Annual General Meetings for the Wellington Tenth's Trust and the Palmerston North Māori Reserve Trust are just around the corner and both Chairs and Trustees welcome the attendance of beneficial owners at these meetings.

This is a great opportunity for us to come together as a whānau and for both Trusts to report to owners on the achievements over the past year so we look forward to seeing you there.

Please note the venue for the Palmerston North Māori Reserve Trust meeting has moved to the Palmerston North Convention Centre.

For both Trusts the Preliminary Agenda is set as follows:

- Mihi Whakatau/Karakia
- Apologies
- Minutes of 2014 Annual General Meeting
- Trustees' Report
- Financial Report
- Appointment of Auditor
- Election of Managing Trustees
- General Business
- Karakia Whakamutunga

For transport enquiries please contact:

Wiki Michalanney – Taranaki  
on 06 754 4459, or  
Executive Office - Wellington on  
04 473 2502

Notice of the Annual General Meeting  
Palmerston North Māori Reserve Trust

**Saturday 29 August 2015**

10am

Palmerston North Convention Centre  
354 Main Street West  
Palmerston North

The three year terms of Palmerston North Māori Reserve Trust Managing Trustees Liz Mellish, Aisha Ross and Jeanie Hughes expire at the Annual General Meeting. These Trustees are eligible to offer themselves for re-election. **Nominations for Trustee positions close on Friday 14 August 2015 at 4pm.**

Notice of the Annual General Meeting

Wellington Tenth's Trust  
**Saturday 5 September 2015**

10am

Te Raukura (The Wharewaka)  
Taranaki Street Wharf  
Wellington

The three year terms of Wellington Tenth's Trust Managing Trustees Morris Love, Mark Te One, Maurice Walden, Ngatata Love, Richard Te One and Jeanie Hughes expire at the Annual General Meeting. These Trustees are eligible to offer themselves for re-election.

**Nominations for Trustee positions close on Friday 21 August 2015 at 4pm.**

## PUKEAHU – THE SACRED MOUNT.

Pukeahu National War Memorial Park was traditionally blessed with a whakawātea by kaikarākia from Te Upoko o te Ika, Te Kāhui Maunga and the tribes of Aotearoa. For that we thank all those who participated in what was an historic event held on 25 March 2015.

This site is steeped in history from the very earliest involvement of Māori in Aotearoa, those known as the kāhui maunga, through to the early settlement of Māori people with Ngāi Tara, then in colonial times when Mount Cook prison stood on the hill - Taranaki political prisoners from the land wars and the altercations at Parihaka were imprisoned at Pukeahu, where they made bricks.

For Te Ātiawa/Taranaki whānui, on behalf of all Māori a special part of Pukeahu has been created called the tangata whenua gardens but now Te Tapuwāe o te Kāhui Maunga. There is acknowledgement through whakataukī on the walls Māori involvement in the major wars of post-colonial New Zealand. To the east maungārongo ki runga i te whenua – from the Parihaka prophet Te Whiti o Rongomai, meaning peace on earth and remembering the start of the land wars in Taranaki. To the west te hokowhita a tū – the one hundred and forty warriors of the war god Tū-mata-uenga, the motto of the native contingent and the pioneer battalion of WWI, and ake ake kia kaha e! meaning, stand strong forever, the well-known line of the anthem of the 28 Māori Battalion of WWII.



The rocks symbolising Ruapehu the matua, Tongariro the warrior mountain, and Taranaki the kaitiaki of the setting sun. Together these rocks embrace the kāhui maunga, the earliest people of southern Aotearoa.

The bronze sculpture Hinerangi ensures we always acknowledge the first voice on the marae ātea is that of the women, the kaikaranga as it faces the tomb of the unknown warrior and the kaikaranga who will each time imbue it with life.

We acknowledge Darcy Nicholas not only for Hinerangi but for the overall design of the gardens. Also the input from Veranoa Hetet and the work of Brett Rangitaawa doing the casting. Also Rangi Kipa and many others who contributed to the execution of the design, the Memorial Park Alliance, the Architects, staff of the Ministry for Culture and Heritage particularly Brodie Stubbs and Hon Chris Findlayson. There are so many others to acknowledge – they know who they are.

Lastly we acknowledge Jacob Scott for his work on the Australian memorial. He quotes from Hone Tuwhare's poem, *No Ordinary Sun*:

*Tree let your naked arms fall  
nor extend vain entreaties to the radiant ball.  
This is no gallant monsoon's flash,  
no dashing trade wind's blast.  
The fading green of your magic  
emanations shall not make pure again  
these polluted skies . . . for this  
is no ordinary sun.*



Anzac Day haka - 100 years on

## TE RŌPŪ RARANGA O MANAIA

### *E whakatūwhera ana i te tatau ki te ao (Opening the doorway to the world)*

It's a bit hard to get a volunteer (*Takiri Cotterill*) to write a short article about our amazing Te Rōpū Raranga o Manaia – weavers are hands-on artistic types! But ask for volunteers to create 20 pākē for our wahine kaihoe and our core group of weavers (about 15) are keen to create together.

One of the keys to the group's longevity (6 years now and counting) is the very generous support of the Wellington Tenth's Trust and the Palmerston North Māori Reserve Trust providing us with the beautiful venue of whare Manaia to meet. Together the Trusts and Rōpū Manaia actively encourage the learning and promotion of traditional mahi raranga especially referencing our Taranaki connections.



*Selection of Te Rōpū Raranga o Manaia photos from harakeke in its raw state, to pake and items on display*

Projects have become a bit of a hallmark of our rōpū. There are a number of reasons for this. Firstly we share a love (some might say an obsession) for mahi raranga. Our rōpū has attracted weavers from many walks of life; most of us have busy day jobs but dream of more time to spend weaving.

Secondly our informal membership based on whanaungatanga and sharing knowledge of the many forms of raranga Māori has given our rōpū a very broad knowledge base to draw from. Our Māori and Pākehā weavers come from Ngā Hau e Whā but Rōpū Manaia treasure our Te Atiawa heritage giving our group projects authentic kaupapa - focus and purpose.

We all bring our individual skill and project preferences including kete, tāniko, tukutuku and kākahu, many of which can be observed on our regular Thursday nights following shared kai. Currently we have 2 big projects 'on the boil' so to speak and lately our Thursday nights seem more about weaving ideas and people together leading up to the inevitable 'noho' (weekend stay overs at Manaia) where most of our rōpū projects finally take shape.

We welcome beginners and have a number of beginner activities that one of our regular members will teach on a one to one basis. We also endeavour to hold at least one Beginners Weekend workshop per year with a focus on



*Kono - basket woven at Hīkoikoi*

encouraging whānau and rangatahi participation. From the many 'beginners' we find the few that catch the passion and find Te Rōpū Raranga o Manaia is a great whānau learning environment.

Te Rōpū Raranga o Manaia are participating in Wellington's celebration of its 150 year anniversary of being the Capital City. Te Rōpū Raranga o Manaia will be showcasing their talents at The Open House at Te Wharewaka, Te Raukura (Saturday and Sunday 25–26 July 2015). There are many other activities occurring during that weekend, with weaving based at Te Raukura. Come and join us!

## KAUMĀTUA HUI – LAUGH, DANCE, SING, AND SOMETIMES TAI CHI!

We have a very hardy group of kaumātua who get together regularly on a Monday from 10.30am to 2.00pm at Manaia, Hīkoikoi. There is a core group of about 12 kaumātua who come along each week. It is a great way for kaumātua to socialise with other kaumātua, remember and share stories, and have a good laugh, and a bit of fun. In the summer time they might be out in the sunshine tending to the gardens onsite or getting involved in one of the activities organised. We have Wai Williamson-Taylor who offers mirimiri to all who attend on a Monday. Wai is awesome not only does she offer mirimiri, she has a very special way with our kaumātua and will get them up laughing, singing and dancing – even getting them to have a go at Tai Chi and Yoga! We also have Peter Flynn who is kept very busy administering acupuncture to those that are keen, and once a month the nurses from Kōkiri Seaview attend and will check blood pressure, administer flu injections, and give general advice on any health issues our kaumātua may have. It is a great opportunity to catch up with old friends and whānau and for kaumātua if you are in the area, you are more than welcome to come along and participate.



*Gardens at Hīkoiko*

## WELCOME MĀRŌRŌ OUR SUPPORT BOAT



*Tuparahuia Pita, Kaihautū and Liz Mellish, Chair, Palmerston North Māori Reserve Trust, in front of Mārōrō, our new support boat*

Over the past 5 years Hīkoikoi has been providing and supporting opportunities for Te Ātiawa/Taranaki iwi and the wider community to develop a connection to Te Ao Māori and the revitalisation of culture through waka kaupapa. With the support from Hīkoikoi Waka Ama Club membership, fundraising, and assistance from the Lion Foundation, waka ama and waka kaupapa as a whole has been strengthened in Te Whanganui a Tara with the addition of a Support Boat. The addition of a support craft ensures further development can continue and adds another component to those wanting to add maritime education to their kete of knowledge.

The Wellington Tenths Trust and the Palmerston North Māori Reserve Trust are leading the way for future waka based initiatives, revitalisation of culture, and opportunities for whānau to connect.

## WAKA TOURS AND WALKING TOURS – FROM OUR PERSPECTIVE

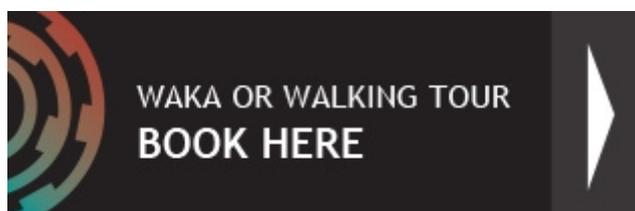


Did you know that Te Wharewaka o Pōneke now offers Waka Tours and Walking Tours right in the heart of Te Whanganui a Tara? Waka Tours have been operating from Te Raukura since summer last year and are very popular with schools and colleges, and for corporate groups as well. Our waka Poutū (named after the late Sam Jackson/Poutū Wipa) has a fibreglass hull and is perfect for this purpose. Of course Te Rerenga Kōtare our waka taua is used for special occasions and our waka tētē Te Hononga is also available for use. It is a sight to enjoy when our waka are out on the water in Te Whanganui a Tara and we await the summer season to take out more groups – at the moment it is a little brisk, although we did have kaihoe out there to welcome the start of Matariki and by all accounts it was a glorious morning to be out on the water.



*Poutū on the water*

Another positive initiative operating out of Te Raukura are the Walking Tours. The Walking Tours is a venture that we are really excited about. It's a perfect opportunity to tell the accurate history of Wellington from a mana whenua perspective. Visitors walk with the tour guide into the past learning about the first explorers in Te Whanganui a Tara right through to the present day from a Māori perspective. The tours take in specific sites particularly around the waterfront area and visitors hear and learn about Pipitea Marae, Te Aro Pā, Waimāpihi, Waitangi Park, Kumutoto, our three waka in the Wharewaka, and of course the story of Te Raukura (the Wharewaka).



Bookings for the Waka Tours and Walking Tours are made online by going to [www.wharewakaoponeke.co.nz/tour-packages/](http://www.wharewakaoponeke.co.nz/tour-packages/)

## NEW PLACE AND A NEW FACE

We now have an office located at Te Wharewaka, its home to the Chair of the Wellington Tenths Trust, Morrie Love, and the Chair of Palmerston North Māori Reserve Trust, Liz Mellish. Also in the office covering the multitude of administrative requirements are Mere Tahupārae-Luinstra and Tracey Betham. Tracey recently took up the role of Trust Secretary and her name is familiar as she was previously Office Manager at the Port Nicholson Block Settlement Trust a few years back. Tracey is loving being back working with whānau again and is settling in well. The Wellington office is located on level 1 of Te Wharewaka, Te Raukura (our contact details are on the back page) and you can reach Morrie, Liz, Mere or Tracey at the Wellington office by phoning us on 04 901 3332.

## A GREAT VENUE FOR YOUR NEXT HUI – MANAIA & RAUMATI AT HĪKOIKOI



Ever wanted to have a whānau hui and haven't found the right venue to host it? The Wellington Tenth Trust and Palmerston North Māori Reserve Trust have some great spaces available for hire at Hikoikoi Reserve, Petone. These rooms are on the ground level and have access to female, male, disability toilets. They are available for hire during the week and also on weekends. Both Raumati and Manaia have kitchen facilities which host a gas hob and electric oven, dishwasher, tea making facilities, and there are also tables and chairs, laundry facilities, showers, and mattresses. Give one of the team at Hikoikoi a call (contact details on the back page) and come and see the space for yourself.

# QUIZ NIGHT @ TE WHAREWAKA O PŌNEKE

18 JULY 2015 – 6PM

\$15.00 PER PERSON – 8-10 IN A TEAM

SPOT PRIZES, RAFFLES, AUCTIONS.....SOMETHING FOR EVERYONE!

TO PURCHASE TICKETS CONTACT: [HIKOIKOIWAKAAMA@GMAIL.COM](mailto:HIKOIKOIWAKAAMA@GMAIL.COM)

SUPPORTING WAKA AMA CLUB INITIATIVES & EQUIPMENT MAINTENANCE  
HIKOIKOI WAKA AMA CLUB BASED IN PETONE & WELLINGTON WATERFRONT

Limited numbers – book your table today



TE WHAREWAKA  
O PŌNEKE



Hikoikoi  
WAKA AMA



## MATARIKI – GREAT HARBOUR CHALLENGE

Hikoikoi Waka Ama Club hosted their annual waka ama regatta in Petone on Saturday 4 July 2015. The regatta has been run successfully for the past 5 years and this year was no exception.

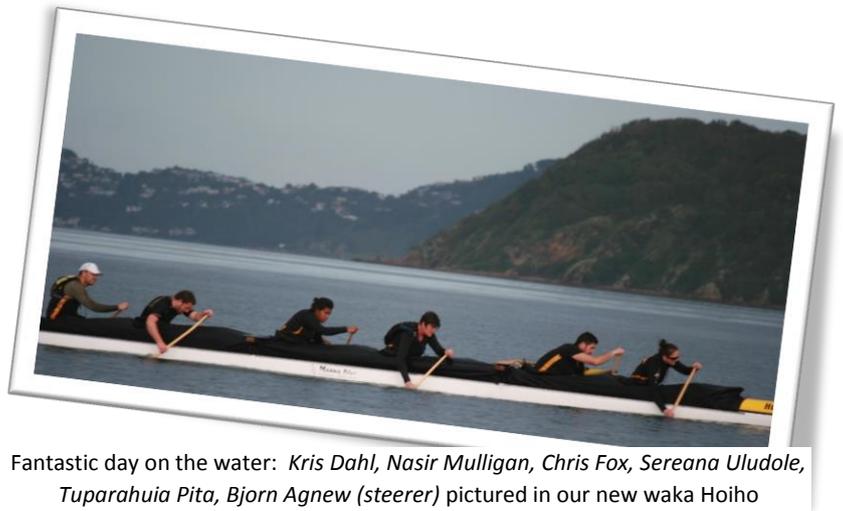
Racing began at 9.30am with mixed, men's and women's six seater outrigger canoes (waka ama) with the course being determined on the day taking into consideration Wellington's wonderful weather. Karakia were answered as the weather was fantastic after a week of gale force winds and freezing conditions. This meant we were able to have a course that truly reflected our race 'The Great Harbour Challenge' with a course around Makaro Island, Matiu and Mokopuna Islands. Course distances were 15.5 km for the more experienced paddlers and 9km for novice paddlers. Hikoikoi Mixed team – *Moutere Mixed* won the 15.5km race with a respectable time 1:15min.

We are fortunate to have some world class paddlers amongst us in our region, which makes our regatta a real stand out. This weekend we were joined by a team from Te Tau Ihu - Motueka Women's, and it was great for our Club to be able to reciprocate manaakitanga at Hikoikoi (noho). We travel annually to Kaiteriteri Beach Race as a Club and are treated so well so it was nice to be able to have them stay with us for our regatta. Highlights of the event: Manaakitanga, He rā ātaahua, mahi aroha, whanaungatanga. Volunteers are a key factor to the success of our races and they keep everyone going during the day with hot soups, BBQ and plenty of laughter, so thank you volunteers you are fantastic.

## WAKA AMA - NZ COACHING WORKSHOP

Waka Ama New Zealand Coaching Workshop was held on Sunday 5 July 2015 at Hikoikoi in Raumati for 45+ paddlers affiliated to Waka Ama New Zealand. Facilitators Conan Herbert and Paul Roozendaal two of waka ama's most experienced young steerers were outstanding. This workshop 'Steering Basics' is part of Waka Ama New Zealand recently developed Coaching Framework and is one module in Foundation Level Coaching Accreditation. Hikoikoi Waka Ama had 14 paddlers attend which is extremely positive as we develop our Club kete of knowledge and potential for working and sharing waka ama within our community.

Hikoikoi Waka Ama Club is well supported by Ngahuru Charitable Trust, Wellington Tenths Trust and the Palmerston North Māori Reserve Trust. Our club membership consists of paddlers aged 10 – 65 and we are always looking to increase our membership. We are looking forward to the summer season with juniors and open teams competing at the National Waka Ama Sprints in January 2016. If you are interested in participating or supporting waka ama give Chris Fox a call on 04 901 3333 or email [chris@tekau.maori.nz](mailto:chris@tekau.maori.nz)



Fantastic day on the water: *Kris Dahl, Nasir Mulligan, Chris Fox, Sereana Uludole, Tuparahuia Pita, Bjorn Agnew (steerer)* pictured in our new waka Hoiho



*Paul Roozendaal*

## NGA TEKAU HEALTH SERVICES

Ngā Tekau Health Services offer assessments and counselling for people with alcohol and or drug problems and for family members and friends affected by someone's alcohol and drug misuse. The service has been operating out of Hikoikoi since 2008 and for 12 years prior at Pipitea Street. Gilbert Douglas our Senior AOD Clinician is onsite delivering this programme, funded by both Capital Coast Health and Hutt Valley Health District Health Board's. Gilbert provides a holistic and integrated service that incorporates Māori perspectives. The programmes delivered are our whānau initiatives, implementing and using our main therapy model: Ngā Tapawhā o te Hauora.

The purpose of Ngā Tekau is to improve health, prevent harm and reduce the health risks relating to alcohol and drug misuse. We have recognised that there are a number of whānau who report that they do not know who they are, feel lost and need tautoko to re-connect with their iwi, whānau, and their tūranga belonging. As well as providing counselling, Gilbert works with other health professionals on detoxification and specialised services, provides referrals to inpatient services, follows up after discharge, and provides information and education to the wider community. This service is free and confidential. To get in touch with Gilbert then please call him on 04 4732502 or 027 355 0160, or email gilbertd@tekau.maori.nz

## ENTER INTO OUR PRIZE DRAW TO WIN \$100 MITRE10 VOUCHER \$100 KARAKA CAFÉ VOUCHER

**WE WANT TO KEEP IN TOUCH WITH OUR OWNERS AND LET YOU KNOW ABOUT EVENTS, HAPPENINGS, DIVIDEND PAYMENTS AND THE LIKE.**

**WE'RE HOLDING A PRIZE DRAW FOR EACH OF THE TRUSTS AND FOR EACH PIECE OF NEW INFORMATION THAT YOU GIVE US, AS NOTED BELOW, YOU WILL RECEIVE AN ENTRY INTO THE DRAW FOR THE TRUST IN WHICH YOU ARE SHAREHOLDER FOR, IF YOU ARE IN BOTH TRUSTS THEN YOUR ENTRIES WILL GO INTO BOTH PRIZE DRAWS.**

**IF YOU PROVIDE US 4 OF THE PIECES OF INFORMATION BELOW,**

**YOU WILL HAVE 4 ENTRIES INTO A DRAW, AND**

**IF YOU BELONG TO BOTH TRUSTS YOU WILL HAVE 4 ENTRIES INTO THE PALMERSTON NORTH MAORI RESERVE TRUST DRAW,**

**AND 4 ENTRIES INTO THE WELLINGTON TENTHS TRUST DRAW!**

**PASS US YOUR SHAREHOLDER BANK ACCOUNT INFORMATION**

**RING US WITH YOUR NEW TELEPHONE NUMBER**

**IINDICATE ON A CHANGE OF ADDRESS FORM YOUR NEW ADDRESS**

**ZING US YOUR NEW EMAIL ADDRESS**

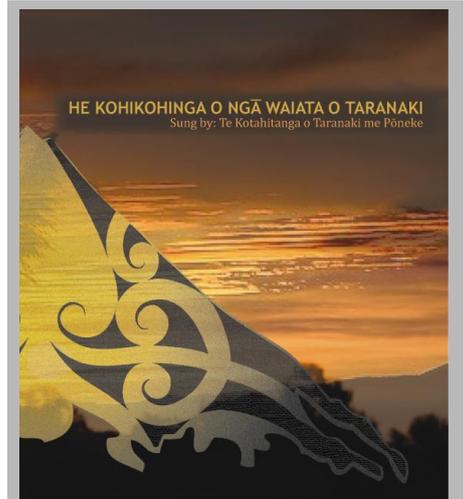
**ENTERS YOU INTO THE DRAW TO WIN A PRIZE**

**THE PALMERSTON NORTH MAORI RESERVE TRUST WILL DRAW THE \$100**

**MITRE10 VOUCHER AT THE ANNUAL GENERAL MEETING ON 29 AUGUST 2015**

**THE WELLINGTON TENTHS TRUST WILL DRAW THE \$100 KARAKA CAFÉ VOUCHER**

**AT THE ANNUAL GENERAL MEETING ON 5 SEPTEMBER 2015**



*He Kohikohinga o Ngā Waiata o  
Taranaki and*

*Te Tira Whakaritorito - Educating  
Ourselves* series of booklets by  
Honiana Love are available to  
purchase from the Executive Office for  
\$5 CD and \$5 booklets. For orders  
email hikoikoi@tekau.maori.nz

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